

## Job Description

<b>Title:</b>	Fitness and Wellbeing Enabler, Day Centre	<b>Function:</b>	Operational
<b>Salary:</b>	£11.68 - £13.16	<b>Hours:</b>	37.5 hours per week
<b>Reporting To:</b>	Day Service Supervisor	<b>Reports:</b>	None

### Summary of Role

To support members in meeting their personal goals through fitness and wellbeing activities.

### Key Responsibilities/Accountabilities for Day centre

1. Provide a range of fitness and wellbeing activities to develop members' confidence, motivation and skills, to help them meet their expressed personal goals within their individual support plans.
2. Be able to lead, plan and facilitate sports, fitness, and wellbeing sessions to keep our members active and engaged to improve their fitness and wellbeing.
3. To be enthusiastic and passionate, with a drive for success
4. Evaluate member performance and make recommendations for improvements appropriately.
5. Provide leadership to all members, always acting as a positive role model.
6. Provide the highest standard of social care, and personal care where needed, to all members
7. Ability to liaise professionally with other agencies and to work positively with the families and friends of members.
8. Undertake all necessary preparations and planning for events, including undertaking risk assessments.
9. Maintain high standards of practice within which individuals are respected for their individuality and personal dignity
10. Provide care and support to members in group environments dependent on the member's personal needs
11. Undertake the key worker role for a specified number of members
12. Help members, where appropriate, to understand and meet appropriate work environment disciplines
13. Able to use IT applications including Microsoft Office and databases
14. Record management information as required
15. Other tasks as may be reasonably required by management

### Organisational Expectations

1. All employees should be aware that due to the nature of the work Magpies undertakes, there is a requirement to support members with daily living skills and individual activities which may include moving and handling and may involve supporting people with personal care needs.



2. To complete any other tasks as required, commensurate with the salary level for this position
3. To operate a flexible approach to work to help meet organisational demands
4. To attend appropriate meetings and training as required
5. To comply with **all** policies and procedures of Magpies
6. To operate at all times in a manner that is in line with the organisation's values and principles